

# MEDICATION CHECK UP: PROTECT YOUR HEALTH

Falls are the leading cause of injury-related deaths for older adults in Wisconsin

## DID YOU KNOW?

- Some common medications are inappropriate for adults over the age of 65
- Combinations of multiple prescriptions, over-the-counter medications and vitamins can cause negative effects
- The more medications you take, the higher the likelihood you will experience symptoms such as dizziness, falls, bathroom urges and confusion



## WISCONSIN PHARMACY QUALITY COLLABORATIVE (WPQC) PHARMACIES

- Belleville Hometown Pharmacy
- Community Pharmacy
- Cottage Grove Hometown Pharmacy
- Cross Plains Pharmacy
- Deerfield Hometown Pharmacy
- DeForest Hometown Pharmacy
- Fitchburg Family Pharmacy
- Genoa Pharmacy
- Hy-Vee Pharmacies
- McFarland Hometown Pharmacy
- McGlynn's Pharmacy
- Medicine Shoppe - Monona
- Mount Horeb Pharmacy
- Neuhauser Pharmacy
- Oakwood Village Pharmacy - West
- O'Connell Pharmacy
- Oregon Hometown Pharmacy
- Sun Prairie Hometown Pharmacy
- UW-Health Pharmacy Services (Multiple Locations)
- Verona Hometown Pharmacy

## ASSESS YOUR RISK

- Do you take three or more medications that include prescriptions, herbals and over-the-counter medications such as Tylenol PM, Motrin or Advil?
- Have you experienced unexplained dizziness?
- Have you fallen in the past year?
- Do you forget important dates or events?
- Do you go to more than one pharmacy to fill your medications?

## PROTECT YOUR HEALTH

Medication check-ups identify potential problems. A qualified WPQC pharmacist is trained and ready to assess your risk of a negative drug reaction.

**SCHEDULE A MEDICATION CHECK-UP TODAY BY CALLING UNITED WAY 2-1-1 (JUST DIAL 2-1-1)**



People 65 and older with household incomes less than \$63,720 may qualify for a check up free of charge.

United Way  
of Dane County



The power of many. Working for all.