

# MEADOWOOD

Newsletter of the Meadowood Neighborhood Association, Inc.  
P.O. Box 45528, Madison, WI 53744-5528

November - December 2018  
[www.meadowoodneighborhood.org](http://www.meadowoodneighborhood.org)

## President's Message – Terry Evanson

[mtevanson@gmail.com](mailto:mtevanson@gmail.com); (608) 271-6846

Safety and crime have been an important focus in the city and in our neighborhood for some time. At a recent public meeting, city officials provided information on crime statistics, actions the city is taking to reduce crime and provided the opportunity to discuss youth crime prevention. The Byrne Grant (now retitled Community Based Crime Reduction, CBCR), has officially been awarded to the City. Common Wealth Development is managing the grant and will implement it over the next two years. The grant provides money for mentoring youth and extra police patrols with special training for 6 to 8 neighborhood officers. There will also be an emphasis on working with families, middle school and early high school age youth.

The City of Madison and private companies are providing up to 1600 summer jobs to youth. Any youth in Madison who wants a summer job can get one. Research shows that youth with summer jobs are far more likely to succeed and less likely to get in trouble for at least 18 months after the end of the job. Housing is critical to stabilizing families. Exact Sciences has committed to hire people within walking distance of their new facility at a minimum of \$15/hr and provide health insurance and a pension. Living wage jobs are a key to ending poverty for families and improving outcomes for children.

The police and City can only do so much. Our personal efforts can go a long way to helping prevent crime. It is incumbent upon each of us to do what we can to prevent property crime, starting with locking doors to cars and residences, closing garage doors when they are out of your sight, locking bicycles at all times (even when stored in a garage), removing any valuables from a car (including garage door openers and keys), lighting the exterior of homes, and reporting all suspicious activity to the police. DOUBLE CHECK every night – don't assume someone else in your home has locked the doors or closed the garage. Use this [crime prevention worksheet](#). Put the non-emergency police number in your phone - 608-255-2345.

Finally, be a good neighbor. Watch out for each other. Call or knock on your neighbor's door when you see their garage door is open or if you see something else amiss. Get to know your neighbors and their children. Together we create a strong, safe community.



The Meadowood Neighborhood Association (MNA) Board of Directors consists of the area representatives and officers, and up to two at-large members. Here is the current board membership with contact information:

Area 1: Sally Stix, **Board Vice President**, [sastix@tds.net](mailto:sastix@tds.net)

Area 2: Miguel Benson and Sammy Clevenger,  
[miguel.a.benson@gmail.com](mailto:miguel.a.benson@gmail.com)

Area 3: VACANT

Area 4: Willa Schlecht, [willazoe61@gmail.com](mailto:willazoe61@gmail.com)

Area 5: Tyler Rehm & Sara Wagner, [tylerrehm@gmail.com](mailto:tylerrehm@gmail.com)

Area 6: Lisa Veldran, [lveldran@yahoo.com](mailto:lveldran@yahoo.com)

Area 7: Lisa Schulz, **Board Treasurer**, [buttonldy@aol.com](mailto:buttonldy@aol.com)

Area 8: Mark & Janice Bauman, **'Meadowood' Editor (MB),  
Board Secretary (JB)**, [msbauman57@gmail.com](mailto:msbauman57@gmail.com)

Area 9: Terry Evanson, **Board President**,  
[mtevanson@gmail.com](mailto:mtevanson@gmail.com)

Area 10: Diane Berry & Gene Masters, [dianexberry@gmail.com](mailto:dianexberry@gmail.com)

Area 11: VACANT

Area 12: Kyra Swenson, **Web Master**, [chakeer@gmail.com](mailto:chakeer@gmail.com)

Area 13: Sheray Wallace, [sherayw@yahoo.com](mailto:sherayw@yahoo.com)

Areas 14 and 15: VACANT

Member at Large: Christian Albouras,  
[christian.albouras@gmail.com](mailto:christian.albouras@gmail.com)

Four (4) areas are not currently represented on the MNA Board.  
***If you live in one of these areas, please consider serving on the neighborhood association's Board.***

To determine which area you live in, visit the MNA website at:  
[www.meadowoodneighborhood.org/contactus](http://www.meadowoodneighborhood.org/contactus)

## Breaking the Cycle of Trauma, Supporting our Youth

*Submitted by Dane Co. Executive Joe Parisi*

Imagine you're a kid again. Did you or your family encounter challenges? Whatever that challenge was, did you have someone to support you when things felt impossible to overcome?

For too many children and young adults in Dane County, the challenges they experienced when they were young can lead to trauma that they carry with them throughout their life. Without support and care, childhood trauma can lead to mental illness, addiction, and contact with the juvenile justice system.

Sadly, this unchecked trauma can create a cycle. The 2019 county budget proposal that I introduced in October takes bold action to help break it.

My budget creates several new positions aimed at supporting youth. Two positions will work with Dane County's Neighborhood Intervention Program staff—a Youth Trauma Coordinator to help staff identify youth experiencing trauma and connect them to the resources they need, and a position to work directly with young at-risk women in danger of falling prey to sex trafficking, intervening before predators take advantage of them.

And a new, two-person work team will provide support to families with children under the age of five who are experiencing neglect and are at-risk of abuse. By partnering with Dane County's Joining Forces for Families staff and resources in the Early Childhood Zones, the work team will connect families to community resources they may need, including housing and employment, to help stabilize the family and prevent abuse.

My budget also expands the County's 'Building Bridges' program to the Monona Grove School district next year. Created in 2013, this partnership with 10 school districts across Dane County provides mental health support for students, and has led to positive outcomes for them, their teachers, and their families.

The recently released 2018 Dane County Youth Assessment illustrates the importance of this continued work: nearly one in three high school students reported impacts to social interactions and education achievement as a result of long term anxiety. More than one in four reported suffering from long term depression. More than 20% of respondents grades 7 thru 12 reported having suicidal thoughts in the past 30 days.

To learn more about these proposals and more in my 2019 budget, please visit <https://exec.countyofdane.com/budget.aspx>



## Puzzle Winner(!) & New Puzzle

Remember the goat, wolf and cabbage puzzle from the previous edition of the 'Meadowood' newsletter (page 7)? Karen Cunningham submitted the correct response to that puzzle and has won a \$25 gift certificate to the La Nopalera Restaurant. Congratulations to Karen, and thanks to La Nopalera for contributing the prize!

So, here's your new puzzle challenge, should you choose to accept it... During a recent trip, I filled up my gas tank to the top, a total of 10 gallons. I traveled at 60 mph and I knew that I could average 40 miles per gallon. However, the moment I started, my gas tank developed a leak and four hours later I ground to a halt having run out of fuel. How much gas had I lost through the leak?

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### 2019 Meadowood Neighborhood Association (MNA) Events:

Friday, March 1: Bingo Party

Friday, June 21: Make Music Madison

Saturday, July 27: MNA Annual Picnic

For updates on additional events in the Meadowood area, please refer to the 'News & Events' page of the MNA website: [meadowoodneighborhood.org/newsandevents](http://meadowoodneighborhood.org/newsandevents)

#### Other Events in the Neighborhood:

Thursday, Nov. 22: Free Thanksgiving Meal provided by the Good Shepherd Lutheran Church, 5701 Raymond Rd. on Thanksgiving Day, Nov. 22, 11:00 am—1:00 pm. No reservation needed.

## Meadowood Community Christmas Supper



**When: 12/19/18**

**Where: Good Shepherd Church (5701 Raymond Rd)**

**Time: 5pm-8pm**

**Music By DJ Double D**



**Volunteers Needed**

Bring a Dish or just come yourself!

Contact Sheray 608-622-2355

PAID ADVERTISEMENT

# Your Neighbor



# Christian Albouras

## For Madison District 20 Alder

Contact us at [christian4madison@gmail.com](mailto:christian4madison@gmail.com)

Friends of Christian Albouras, Matt Phair Treasurer

## Dear District 20 residents,

I have decided that I will not run for another term on the City Council; my tenure will end in April, 2019. It has been a distinct honor to serve you the past eight years. My time on Council has been the most rewarding of my professional life, in large part because of the work we have done together. Collaborating and problem solving on issues large and small has consistently reinforced my belief that Southwest Madison is made up of decent, dedicated and diverse residents who want their neighborhood to be better for everyone. We tackled challenges like inequity, sustainable community investment, and violence prevention with a “can do” spirit that was inspiring to be a part of. Thank you for your compassion and dedication to our neighbors and neighborhoods; without that, this job would have been much more difficult.



*Madison District 20 Alderman Matt Phair*

There are tangible accomplishments we can tick off like new and renovated neighborhood centers, an expanded and modernized library, investments in grassroots neighborhood organizations, traffic calming measures, improved parks, and expanded programs and services for kids and families, among others. However, I believe there is something else we achieved that can't quite be measured by amount of dollars invested or numbers of people who were served. I think we demonstrated to the rest of the city that neighbors can accept the reality of a changing society/city/neighborhood and yet not accept the reality of disparate impacts in their community. We also did not allow the narrative that had been created about us to define us.

While there certainly is progress yet to be made in our community, I am a big believer that perception affects reality. We didn't accept that Southwest Madison is “troubled,” on a “downward spiral,” or home to a “criminal element,” descriptions that were commonly used (and perpetuated by area elected officials) when I decided to run for office. We didn't accept those terms mainly because they were never true! At the same time, we were level headed enough to understand that there was serious work to be done to make our neighborhoods better for everyone. We rolled up our sleeves and got to work. We faced the challenges of a changing city and neighborhood head on. We valued each other's worth, we tolerated each other's opinions and we believed in each other's right to opportunity and accessibility. The work, while difficult and messy at times, produced results. The results, therefore, began to change the narrative and more importantly gave people reason to believe in their neighborhood and in their neighbors.

I believe we are on an upward trajectory to creating truly strong, self-sustainable and inclusive neighborhoods that work for everyone! To get there, however, there is much work to be done and I have no doubt that the good folks in District 20 are up to the task. Our challenges are persistent. Violence is still too common and therefore we need to continue to support a comprehensive approach to violence prevention. Additionally, we are facing a crisis in our city and by extension in our neighborhoods, of a lack of housing that families can afford. This creates instability and has far-reaching effects on employment, education, public safety, etc. We don't have to wait for city-wide solutions to take effect; there already are neighborhood efforts underway to identify solutions to assist people with housing stability. Let's scale them up! We also have much work to do in the area of employment and workforce development although, again, there are local successes we can build on. We need to continue our momentum of investing in homegrown programs and initiatives that support kids and families, but we should do better using data to evaluate and improve them. And lastly, we must keep the faith that, in our changing neighborhoods, as long as we continue to respect the rights of everyone to live, play and work here we will continue to grow into the place we want it to be; a safe, vibrant, and fun place to live.

Thank you for all your support over the years.

Regards,

Matt

## Save Energy, Spread Cheer This Holiday Season

*From Madison Gas and Electric Company (MGE)*

The holidays bring lots of joy—and can take lots of energy! From shopping for gifts to planning parties and making meals, the festive season can be a demanding one for us—and our households. But, a few simple energy-saving tips can save your spending for spreading some holiday cheer.

Consider these 12 tips from the Edison Electric Institute and the U.S. Department of Energy:

If you're hosting the festivities, lower the thermostat a couple of degrees before guests arrive. People generate heat—as does cooking. Therefore, your space can be cooler since it will warm naturally when guests arrive.

Plan your meal and remove all necessary ingredients from the fridge at one time. Each time the door of a refrigerator or freezer is opened, it has to work harder to replace the cold air.

Cook with lids on when possible. Tight-fitting lids on pots and pans help keep in heat, enabling you to lower the temperature settings and shorten cooking times.

When boiling liquids, start by using the highest temperature settings to reach the boiling point. Then lower the heat and allow the food to simmer until fully cooked.

Use the microwave instead of your regular oven whenever possible. Microwaves use less power than a regular oven, and they require cooking for a much shorter period of time.

When roasting or baking, avoid opening the oven door. Each time the door is opened, a considerable portion of the oven's heat escapes.

When using an electric oven, cook multiple items at once. Foods with different cooking temperatures often can be cooked simultaneously at one temperature—variations of 25°F in either direction still produce good results and save energy.

Remember to turn off lights in unoccupied rooms and lower the thermostat when asleep or away. This is a good everyday tip for saving energy.

Allow hot foods or liquids to cool off before placing them in the refrigerator so the fridge doesn't have to work as hard. Toss any uncooked food that has remained at room temperature for more than two hours.

Make sure your refrigerator and freezer doors seal tightly to keep cold air in and warm air out. To be sure, close the refrigerator door on a dollar bill. If you can slip the bill out easily, or if it falls out on its own, the door needs to be adjusted or the gasket needs to be replaced.

Forget doing the dishes by hand! An ENERGY STAR®-certified dishwasher is more efficient and uses less water.

Finally, when finished, try to avoid using your oven's "self-cleaning" cycle unless there's a major mess. Wipe up minor spills and splatters by hand when the oven has cooled. If you need to use the self-cleaning feature, start the cycle right away while the oven is hot, or wait until late evening hours when use of electricity is lowest.

MGE thanks you for working to save energy. Saving energy is practicing good environmental stewardship. If we all conserve, we can collectively make an impact, reduce our footprint, and save all of us costs in the long term. Be sure to check out more energy-saving tips at MGE's [energy2030together.com](http://energy2030together.com).

responsibleEnergy

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## Madison Needs 27 More Cops

*Submission by Merle Bengston, Meadowood Police Co-Liaison*

The headline is from SAFEDANE, a citizen based public safety organization, founded to promote neighborhood and community safety throughout Dane county.

SAFEDANE's first effort, called "Project 2", is to influence the City of Madison to increase the strength of the Madison Police Department (MPD) significantly. SAFEDANE believes that a reasonable short term goal for MPD is an increase to 2.0 officers per 1,000. This requires 27 more officers. Why? Here are some of the reasons.

Almost daily there are reports of shots fired. Stray bullets strike homes and vehicles (but luckily, no individuals so far this year). Drug overdoses have increased 39% through September. Deaths from overdoses are up 112%! Increasing gang activity is responsible for most of this. Burglaries are up 20%. Frequently, MPD has to invoke "Priority Calls Only", when there aren't enough officers available to respond to our 911 calls. In Meadowood, this happened 20 times during 18 days in September. It should be obvious to City budget makers that more police officers are needed.

Multiple studies by the FBI, et al, support this conclusion. (See Police Staffing Report at <https://www.cityofmadison.com/>) The most rigorous of these studies identified a peer group of 5 cities with comparable demographics to Madison: St. Paul Minnesota, Boise Idaho, Greensboro North Carolina, Des Moines Iowa, and Baton Rouge Louisiana. All except Greensboro are State Capitals. All host major universities. Their average number of police officers per 1,000 population is 2.2. Madison's is 1.9. MPD would need 38 additional officers to compare favorably to the average of this peer group. Thus, "Project 2", to add at least 27.

Madison's proposed 2019 budget, at this writing, doesn't fund any additional Patrol officers. None! We ask Meadowood neighbors to please contact our Alder and the Mayor. Write letters-to-the-editor. Call local radio talk shows. Let them all know, MADISON NEEDS 27 MORE COPS!



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